

## Skeptical to a Fault

Almighty and everlasting God, who in the Paschal mystery established the new covenant of reconciliation: Grant that all who have been reborn into the fellowship of Christ's Body may show forth in their lives what they profess by their faith; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

### Look

As humans, we generally tend to trust other people. However the world we live in today seems to be fraught with scams, deception, and outright lies. The anonymity of the internet seems to have just magnified that effect.

1. Do you believe yourself to generally be more trusting or skeptical of others? Why?
2. What influences do you encounter today that make you more skeptical of others?
3. What benefit, if any, do you see in being skeptical?

### Book

[John 20:12-31](#)

The phrase "Seeing is believing" may very well have started here with Thomas. His fellow disciples tell him that Jesus has returned from the dead and he doesn't accept it. It is perhaps ridiculous news to take a face value, and his response reflects a small voice inside of all of us.

1. What single adjective best describes Thomas to you? Denying? Skeptical? Disbelieving?
2. What do you think motivated Thomas' lack of unseeing belief?
3. How does reflecting on Thomas' state of mind help us understand our own attitudes?

### Took

It's impractical to completely trust everyone you meet, unfortunately. There's no clear set of rules either. However our fellow humans deserve a chance to be trusted if we are to carry out God's mission.

1. How does the ability to trust play an important role in the faith life of a Christian?
2. What role does wisdom have in trust?
3. What can you do this week to foster a better sense of trust in others?