

## Add Your Saltiness

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

### Look

Words are tricky things. Neurologically speaking, words are symbols of ideas, which we each try to develop a shared understanding of. Language is as intrinsic to the human experience as emotions or perhaps even breathing. We simply couldn't navigate our day without it.

1. What are different ways that you find words to be a very powerful thing?
2. What is an example of a situation where "words failed" you? Why are words sometimes inadequate?
3. How do our own uniquenesses cause additional challenges when trying to say or hear words?

### Book

[Matthew 5:13-20](#)

In this early part of Jesus' Sermon on the Mount, he issues a sort of call to action. .

1. Why would Jesus' audience find "salt" and "light" to be elements they could identify with?
2. What does being "salt and light" have to do with the law and righteousness?
3. Describe the tension between the "law" of the scribes and pharisees, and the law of God.

### Took

Being "salt and light" right now can be a challenging prospect for many of us. Our faith calls us into action, but that action depends on each of our gifts. Each of us needs to understand what God is calling us to do, which itself can be a challenging task.

1. Why is it important to find the right calling for yourself? Why not just copy someone else?
2. How can we help support each other to find our calling and take action?
3. How can you shine your own unique light to illuminate God's Word to others this week?