O God, whose blessed Son made himself known to his disciples in the breaking of bread: Open the eyes of our faith, that we may behold him in all his redeeming work; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

## LOOK

Wounds can be physical, spiritual, or emotional. Most heal so well we forget them but others leave scars that change us and the course of our lives. Rumi says, "The wound is the place where the Light enters you."

1. If you feel comfortable doing so, share a "scar" or "wound" that changed your life in some big or small way.

## **BOOK** Luke 24:36-48

- 1. What is the difference to the disciples (and to you and me) whether Jesus appeared as a ghost or a man in the flesh? Why is this distinction important?
- 2. Jesus, with wounds still visible perhaps even still in the painful process of healing asks the disciples to go out and proclaim what message? Why is this the first message people need to hear?

## TOOK

Jesus' wounds and our wounds testify to the power of resurrection and redemption. We don't have to stay broken.

- 1. What greater power and awareness do our wounds give us? How can they actually help us in ministry?
- 2. What helps you heal more completely when wounded?
- 3. We are witnesses too, "clothed with power from on high". Tell a short story of redemption you witnessed this week.