

## Super Powered

Alright God, on this day you opened the way of eternal life to every race and nation by the promised gift of your Holy Spirit: Shed abroad this gift throughout the world by the preaching of the Gospel, that it may reach to the ends of the earth; through Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. Amen.

### Look

All around us we see people doing amazing things. Sometimes they are people you see very often, who have special talents that you envy. Sometimes they are normal people in an exceptional situation. Sometimes they are fictional people, characterizing an ideal state of a person. Regardless, it's easy to see other people that we might hold ourselves up against.

1. Be a kid for a moment. What super power would you love to have?
2. Describe someone in your everyday life that has a sort of super power.
3. Why is it significant that we all look up to, and have, different super powers?

### Book

**John 20:19-23**

Jesus visits the disciples and commissions them to go out into the world. This exchange is one of the very brief moments of Jesus appearing to others after rising from the grave in the Gospel of John. It has a very focused narrative of what Jesus wants to convey during his last physical moments on earth.

1. Describe the emotions you imagine were stirring as set by the first verse of this reading.
2. Why do you think Jesus says "Peace be with you" twice to the disciples?
3. What is the significance of the specific words "Receive the Holy Spirit" as said by Jesus?

### Took

The Holy Spirit moves among us, and can move us, if we are open to Her. We are moved when we are compelled into action, be it speaking out, praying, teaching, or any other giftedness. In this way, She equips us to be the hands and face of Jesus by igniting our gifts.

1. What does it mean to you to be filled with the Holy Spirit?
2. How do our different individual experiences of the Holy Spirit help us as a community?
3. How can you celebrate the coming of the Holy Spirit in your life every day this week?