



SAINT TIMOTHY'S
EPISCOPAL CHURCH

The Word

W E E K L Y

VOLUME XII, No. 9 | MARCH 1, 2009

THE FIRST SUNDAY IN LENT



“The Scapegoat” by M.C. Escher

A SPECIAL NOTE TO OUR NEWCOMERS AND GUESTS TODAY

Welcome to St. Timothy's. We are glad that you are here. Newcomers and guests are welcome to use the “connection card” enclosed in this bulletin to learn more about our community, ask questions, or make comments. Please place the card in the offering plate, or hand it to one of the clergy at the door as you leave worship.



WELCOME



WELCOME TO ST. TIMOTHY'S

If you are new, a visitor, or a guest today, we are honored to have you worship with us. After the service please join us in Edwards Hall (located off the courtyard) for coffee.

If you are interested in joining our church, please call the church office or email our Priest Executive, The Rev. Maly Hughes at maly@sttims.org. She will be glad to meet with you and talk about the church or direct you to those who might assist you. Arrangements can be made for baptism of adults and/or children on the first Sunday of each month.

THE CLERGY

Nathan Speck-Ewer, Rector
Maly Adams Hughes, Priest Executive

THE STAFF

Christina Sudairy, Communications Director
Peter Sammel, Music Director
Robert Seifert, Financial Administrator
Steve Swayze, Facilities Manager
Anne Wilde, Covenant Group Coordinator
Nancy Livak, Youth Coordinator
Wyn Schuh, Godly Play Coordinator
Joseph Hodgkinson, Parish Hosts
Helen Wooldridge, Preschool Director

THE VESTRY

Michael Diamond, Sr. Warden	Jennifer Ezell, Jr. Warden
Beto Casellas	Nelson Frick
Madeleine Gerdes	John Heltzel
Sue-Ellen Johnson	Lianne Mintz
Sandy Watkins	Christopher Paul
John Ezell, Treasurer	Lavonne Bieber, Clerk

THE SEVEN MARKS OF A DISCIPLE

At the heart of our parish is Jesus' call and challenge to be His disciples or followers today through contemporary spiritual disciplines. The seven marks of a disciple are:

1. One who witnesses to an intentional faith as modeled in the Baptismal Covenant. (*Book of Common Prayer*, pg. 304)
2. One who keeps the Sabbath and commits to attending Sunday worship regularly.
3. One who makes a daily quiet time with God.
4. One who honors the tithe as the biblical standard of faithful financial giving.
5. One who participates regularly in a Covenant Group or Ministry Team as a means of personal support in community.
6. One who uses his/her spiritual gifts to reach out and bless others in our church and community.
7. One who reaches out, in the love of Christ, to invite others to grow as His disciples.

If you are interested in these Christian practices, or would like more information, please contact Maly at (650) 967-4724 or maly@sttims.org.

OUR MISSION STATEMENT

St. Timothy's Church calls people to unity with God and empowers them to thrive in our changing world. We are a Covenant Community that shares the love of God and proclaims the Gospel of Jesus Christ in word and deed. We provide opportunities to make a difference in the world.

GENERAL ANNOUNCEMENTS



BIRTHS

The rose on the altar today is in thanksgiving for the birth of *Nicholas Rochester Phillips*, son of SJ and Graham Phillips of Willow Glen. Nicholas was born February 22 weighing 7 lbs 11 ozs and 19 inches long. Nicholas joins his big sister, Rebecca.

Congratulations to the Phillips Family.

COME TO DINNER



Join us for dinner this week. It's a great way to meet people and get connected. Parish dinners begin at 6:00 p.m. every Wednesday evening, following "Kid Music"

with Peter Sammel.

"Kid Food" and a vegetarian option are always available. The cost is \$8.00 for adults, \$5.00 for children, and a \$30.00 maximum per family (including parents and children under 18).

Please join us for great food and fellowship.

WHAT IS LENT?

Lent is a liturgical season observed by the Church for 40 days, beginning on *Ash Wednesday* and extending to midnight on the day before Easter, excluding Sundays. The first Sunday of Lent is called *Passion Sunday* and the Last Sunday is *Palm Sunday*. The week preceding Easter is called *Holy Week*.

The original meaning of Lent is "Holy Spring." It is a time of preparation. It is a time to prepare ourselves for Easter by asking God to forgive our failures and sins. It is a time of year that the Early Church instructed new converts in theology and church doctrine to prepare them for Baptism that would take place on Easter. Consequently it was both a time of learning about the Christian faith as well as a time of self-examination and soul-searching that included repentance, self-denial, prayer, and fasting.

The Lenten season is a time for new beginnings and a time of spiritual renewal. It is a time to turn away from that which is evil in our lives and turn back to God. It is also a time to reflect on Christ's journey to the cross ending at the Resurrection.

Lent is more than "Carnaval" or "Mardi Gras." It is a reaffirmation of our faith in God.



GENERAL ANNOUNCEMENTS



A Special
THANK YOU



A big thank you from the Vestry to the parish, for providing your feedback on our local context. In the coming months the Vestry will digest parish feedback on these questions along with other inputs (demographics, information from the city, and other sources). The Vestry will then reflect back to the parish what it's hearing and learning about our local context. Understanding our local context is a vital part of discerning God's unique calling for us.

DID YOU KNOW?

Blood is living tissue composed of blood cells suspended in plasma. Your blood accounts for 7% of your total body weight. An average-size man has about 12 pints of blood, while an average-size woman has about 9 pints. The Stanford Blood Center must collect 200 pints a day to meet the needs of area patients. We will be hosting the Stanford Blood Center Bloodmobile on Sunday morning, April 19. Info regarding scheduling your appointment is coming soon.



FILL THE ARK FOR HEIFER INTERNATIONAL

You can express God's grace in your life by giving to others. Heifer's Fill the Ark program offers individuals and families an opportunity to learn about—and offer a helping hand to—families around the world. Your children may have participated in a similar program here a couple of years ago, and hopefully you remember how exciting it can be for everyone. If you're new, get ready for a spiritually rewarding way of making a difference.



Fill the Ark is a daily missions-giving program that spans four weeks. It offers real life solutions to world hunger and shows that one person...one family...one congregation can make a difference. As your ark fills, your family will learn how your gifts can share God's love and end human suffering around the world. And you'll probably have some fun, too.

Calendars and Ark banks will be distributed in Godly Play and Breakfast Club on Sunday, March 1. Ark banks must be returned on Sunday, March 29 or Palm Sunday, April 5. This program isn't necessarily for children only, and additional calendars and banks will be available in the narthex. If you would like to donate to Heifer, please make a check out to St. Timothy's and write "Heifer" in the notes. At the end of the collection, children will get to choose which animals they would like to purchase for donation. If you have questions, or would like to help with the collection and counting, please email Susan Pimlott at susanandluke@comcast.net.

GENERAL ANNOUNCEMENTS

BISHOP MARY'S VISIT

Our Bishop, Mary Gray-Reeves will be with us at all services on Sunday, April 19. At this time, Bishop Mary will Confirm any adult or teenager as well as Receive those who have been Confirmed in the Roman Catholic Church or Lutheran Church.

The Bishop's Visit



If you are interested in being Confirmed or Received, please contact Maly at maly@sttims.org.

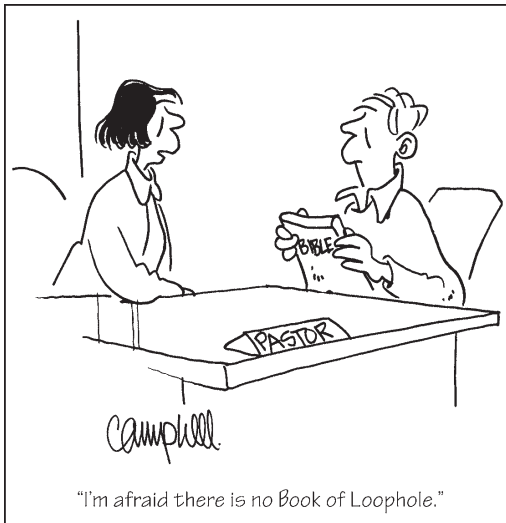
ALL NEW JOBS START WITH A GREAT RESUME

If you're looking for an entry-level through management position, get off on the right foot with a powerful resume.



St. Timothy's Employment Assistance Program can help any parishioner or family member or friend, 18 years or older, build a great new resume. Then we move ahead from there and seek job-help from fellow parishioners.

Church members Chuck Utley and Dick Yarp administer this free, confidential program. If you qualify, call St. Timothy's at (650) 967-4724, Extension #7, and leave a number. Dick or Chuck will contact you promptly.



Can You Help a Parishioner?

If you know of a hiring opportunity where you work, please call Chuck at (650) 967-4724.

Position Wanted Building Elder Fitness and Lifestyle Quality (Case #901)

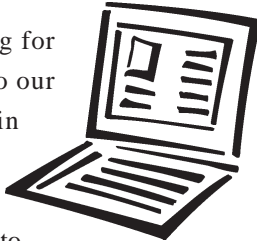
Professional wellness coach seeks environment where implementing fitness programs will improve lifestyle quality for aging adults.

Experienced in helping cancer survivors and people with post-rehab conditioning and imbalance issues. Familiar with chronic pain solutions and psychological aspects of aging. Credentialed personal trainer and gerontology specialist.

GENERAL ANNOUNCEMENTS

LAPTOPS NEEDED

Our Bishop is looking for two laptops to take to our companion Diocese in Tanzania. She leaves on March 13 to visit them, and would love to take two gently used laptops along for them to use. If you can help, please contact Maly at maly@sttims.org.

ST. TIMOTHY'S
PING PONG TABLE?

Have you ever heard a voice from heaven telling you to give your ping-pong table to the church? If not, have you ever considered giving it away anyway, so many more people can enjoy it? Now is your chance. Email Chris at chris@sttims.org if you have a ping pong table that you would like to give, so that children ages 0 to 99 can play with it at the church. If you are the first person to respond, you will receive a FREE pass to nap without repercussions during the sermon on Sunday.

MUSIC MINISTRY

AWAKE, MY SOUL, AND SING

Today's traditional hymn #470 *There's a wideness in God's mercy* begins our hymns of Lent. Last week we sang *Ye watchers and ye holy ones*, which had a chorus of *Alleluia!* repeated five times. The word *alleluia* comes to us from the Hebrew word *Hallelujah* which means "praise the Lord."

Much as we eat our fill of pancakes to use up the fat before the lean of Lent, we filled up on *Alleluias* before the quiet, meditative time during these 40 days. *Alleluia* will not appear in any hymn or in any prayer during Lent. This verbal fast has been a tradition of the church for many years and creates an anticipation for Easter Day when we express our great joy at Jesus' resurrection and sing again "Alleluia!"

CHILDREN'S MINISTRY

KID MUSIC

Parents and children are invited to join Music Director Peter Sammel



each Wednesday at 5:15 p.m. for a joyful half-hour of music and rhythm play.

Even the youngest children will enjoy singing simple (and sometimes silly) songs, playing drums and other instruments, and moving their bodies. Class ends at 5:45 p.m., just in time to enjoy the Parish Dinner.

YOUTH MINISTRY

YOUTH NEWS

The season of LENT has begun. Last week we discussed what Lent was and what we could do as a discipline for the 40 days of Lent. We also read from Matthew about Jesus going into the desert and being tempted by the devil. This Sunday we'll continue our fun, fellowship and discussions together at our regular youth group times. We hope to see YOU there.



NEXT WEEK: Sunday, March 8, both Jr. and Sr. High will be meeting at the same time, 5:00 p.m. We'll be attending the Prayer Sampler (#2) at 5:00 p.m. There will be an international theme with an international potluck afterward.

One of our youth, Natali Smiley, will be one of the subjects of prayer time because of her (two) upcoming mission trips. All youth will be attending to support Natali, sit together, and learn some new things about prayer. Please bring some food to share at the potluck afterwards. (Parents are, of course, welcome to attend the Prayer Sampler, too.)

P.S. We want to say Congratulations to Nancy on her awesome achievement this weekend. (If you're not sure what that is, ask her.)

Don't forget to check out our Youth Blog at: sttimsyouthstudy.blogspot.com.

PRAYER CORNER

“Pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints.”

Ephesians 6:18

“The job of every Christian is to pray.”
Oswald Sanders

PRAYER SAMPLER #2 IS COMING

Please come for an evening of prayer with an international flavor on Sunday, March 8 at 5:00 p.m. in Edwards Hall. Please also bring an international-inspired main dish for a post-prayer potluck. See you on the 8th.





First
Sunday
in Lent

STEPHEN MINISTRY

STEPHEN MINISTRY
HEALING PRAYER

There is a Stephen Minister available at the side altar rail (near the cross) during communion at each service. If you are experiencing any sort of spiritual, physical, emotional, or relational difficulty, you are encouraged to come forward for healing prayers.



After receiving communion, come to the altar rail to be anointed with oil and receive laying on of hands and healing prayers by a trained Stephen Minister.

Stephen Ministers are also available to pray with people after each worship service. Stephen Ministers wear a blue identification badge.

Prayer concerns are confidential.

If you would like to explore an ongoing one-to-one Christian caregiving and prayer relationship with a Stephen Minister, call the church office, speak with a Stephen Minister, or email stephenministry@sttims.org. The Stephen Ministry Coordinator will meet with you and prayerfully match you with one of the available Stephen Ministers.

Lifes rising waters
left you feeling
Alone?

Start Building a Bridge

Call (650) 967-4724 or Email
stephenministry@sttims.org

Contact St. Tim's Stephen Ministry for support when your burden feels heavy...

- worries about parents
- worries about kids
- financial anxiety
- feeling disconnected
- death of a loved one
- divorce
- illness
- hopelessness
- depression
- job loss
- confusion
- loneliness

...or because you know someone who needs our help.

COVENANT GROUPS

Covenant Groups are an expanding network of small groups that meet together to share the life of faith. To find out more, please call one of the group leaders, or the parish office.

Mondays

- 1:15 p.m. Anne Wilde (408) 379-2235
& Wyn Schuh (408) 736-4662
- 8:00 p.m. Susan Pimlott (408) 736-8848
Christine Foster (650) 567-9755

Tuesdays

Childcare available at church: 9:15-11:30 a.m.

- 9:30 a.m. Cindy Howard (650) 424-9741
- 7:00 p.m. Becky Mikkelsen (650) 428-0564
- 7:00 p.m. Susan Slakey (408) 249-7114
& Jennifer Olsen (408) 733-8735
- 7:15p.m. Bill Shreve (650) 941-6436
- 7:30 p.m. Michael Diamond (415) 830-0425
& Dana Peak (408) 299-5798
- 8:00 p.m. Will Watkins (408) 867-6063
- 8:00 p.m. Steven Schumaker-Trottier (650) 279-1407
& David Foster (650) 567-9755

Thursdays

- 7:00 p.m. The Johnsons (408) 737-8355
- 7:00 p.m. Nyna Dolby (650) 941-9335
- 7:30 p.m. Scott Boding (650) 962-1967

Fridays

- 1:00 p.m. Althea Parks (408) 245-0295

OUTREACH

FISHES AND LOAVES

Fishes and Loaves is our hands-on support ministry to families welcoming new babies or facing a medical crisis or other challenges.



This ministry makes God's love tangible by offering practical help such as meals, grocery shopping, playdates, and childcare. It also provides ample opportunity for everyone in the parish to be a blessing to others.

If you can double your favorite recipe and provide dinner to a family, or spare some time to help, contact the church office at (650) 967-4724.

REMEMBER THE LOVE BASKET

Bring donations of non-perishable food to the Love Basket, located in the back of the church. The offerings are taken to the food bank at SMUM.

Point out the basket to your children when it is brought to the altar with the other offerings, and invite them to help you choose food to put in the basket next week.

Donations of toiletries (including sample or hotel sizes), paper products, and diapers are also very much appreciated.



SERVING TODAY

Althea Parks	Altar Guild
Kate Drew	
Lianne Mintz	
Dana Peak	
Dottie Levine	
Laurie Hartford	
John Ezell	Tellers
Allan Hughes	
7:45 a.m.	
Chuck Utley	Newcomer Welcome
Althea Parks	Greeters/Ushers
Dick Yarp	
Barbara Blancke	Lector
Gwen Bindon	Eucharistic Minister
TBA	Sound
9:00 a.m.	
The Miller Family	Newcomer Welcome
The Miller Family	Greeters/Ushers
Katie Watkins	Lectors
Matthew Mendoza	
Chris Mintz	Acolyte
Bobby Malley	Prayer
Larry Mendoza	Eucharistic Ministers
Wyn Schuh	
Scott Rotondo	
Eric Berg	Sound
Andrew Yobs	Projector
Allen Dutra	Floor Director
10:30 a.m.	
The Wilde Family	Newcomer Welcome
The Wilde Family	Greeters/Ushers
Anne Wilde	Lectors
Natalie Six	
Anna Ezell	Acolyte
Sue-Ellen Johnson	Eucharistic Ministers
Susan Slakey	
Mark Witzke	Sound
Carina Gwennap	Projector
Sue-Ellen Johnson	Floor Director

THE FIRST SUNDAY IN LENT

GENESIS 9:8-17

PSALM 25:1-10

I PETER 3:18-22

MARK 1:9-15

PRAYER LIST

If you have a prayer request, call the church office or email prayer@sttims.org.

Names are kept on the prayer list for two weeks. If prayers are still needed after two weeks, please call or email again.

Please Pray For: Alexis Briski; The Constanz Family; Kate Drew; Terry Field; Betty Sue Frost; Ron Holt; Mateo Kohler; Elizabeth Luce; Ed Sammel; Kris Smiley; Alden Speck-Ewer; the Diocese of El Camino Real and Bishop Mary; the children of La Roca and those who care for them; Stephen Ministers and their care receivers; members of the armed forces, especially Kernen Dibble and Brendon Williams.

THIS WEEK

SUNDAY, MARCH 1

- 7:45 a.m. Worship
9:00 a.m. Worship
9:45 a.m. Godly Play
9:50 a.m. Breakfast Club
10:30 a.m. Worship
5:00 p.m. Jr. High Youth Group
6:00 p.m. Sr. High Youth Group



WEDNESDAY, MARCH 4

- 9:30 a.m. Jesus in the Gospels
12:00 p.m. Ash Wednesday Service
5:15 p.m. Kid Music
6:00 p.m. Parish Dinner
7:00 p.m. Ash Wednesday Service
6:45 p.m. Jesus in the Gospels



LAST WEEK'S WORSHIP ATTENDANCE

7:45 a.m.	22
9:00 a.m.	138
10:30 a.m.	85

Finances

Actual income	\$544,232
Pledged income	\$620,000

as of 12/31/2008

2009 DATES TO NOTE

- March 8 Prayer Sampler #2
April 19 Bishop's Visit
April 19 Blood Drive
May 15-17 Men's Retreat

SUNDAY SERVICES

7:45 a.m. 9:00 a.m. 10:30 a.m.

**Sermon, Holy Communion, Traditional
and Contemporary Music.**

Nursery care is provided in Room 7 during
the 9:00 a.m. and 10:30 a.m. services.