



## EVERYONE CAN BREATHE, EVERYONE CAN PRAY

We can all pray, just as we breathe. In fact, as we breathe and live, Scripture says, the Holy Spirit hears what we cannot say, groans and sighs too deep for words. Prayer is responding to God, not only by what we say but what we do, with or without words. Everyone can breathe, everyone can pray. It seems that we can even say: everyone who breathes prays.

In our series on prayer, “Everyone Can Breathe, Everyone Can Pray,” we have discussed what prayer is. Prayer, like light, is mysterious. Using light as a metaphor, we looked at how just as light is not either wave or particle, but is both wave and particle and neither wave nor particle (something not fully describable), so is prayer.

Prayer is not just us talking to God, or God talking to us, it is both of us talking with one another and yet neither God nor us talking to one another. Prayer cannot be fully described in language. In the end, it is simply a mystery that we cannot fully comprehend. And yet we can practice it.

Jesus gives us a practical model with the prayer that he teaches us—“Lord’s Prayer.” And just as in his prayer, Jesus asks for specific things from God like bread, forgiveness, and help, we have learned that when we pray we, too, can ask for specific things from God. We can communicate with God and share our deepest

hopes, our desires, what we really want, without fear. For when we do so, we not only learn what we value, we release what we want to a God whom Jesus says is not simply Creator, but “Father”—that is, who loves us personally, and hears us directly, and cares for us. We release to God our desires in order to allow him more room to grow in us.

Today we finish “Everyone Can Breathe, Everyone Can Pray” with a discussion about answers (and no answers) to prayer. What do we do when prayers are answered? What about when they are not? What exactly is answered prayer?

Everyone can breathe, everyone can pray. Whatever your relationship with God has been or is, or wherever you are in life, you are not alone. God hears, listens, and loves you, to strengthen you for the journey of life ahead.

### WELCOME TO ST. TIMOTHY’S.

We are glad that you are here. Newcomers and guests are welcome to use the “contact card” enclosed in this bulletin to learn more about our community, ask questions, or make comments. Please place the card in the offering plate, or hand it to one of the clergy at the door as you leave worship.



WELCOME



BECOMING DISCIPLES

## WELCOME TO ST. TIMOTHY'S

If you are new, a visitor, or a guest today, we are honored to have you worship with us. After the service please join us in Edwards Hall (located off the courtyard) for coffee.

If you are interested in joining our church, please call the church office or email our Rector, The Rev. Nathan Speck-Ewer, at [nathan@sttims.org](mailto:nathan@sttims.org). He will be glad to meet with you and talk about the church or direct you to those who might assist you. Arrangements can be made for baptism of adults and/or children on the first Sunday of each month.

### THE CLERGY

Nathan Speck-Ewer, Rector  
Maly Adams Hughes, Priest Executive  
Robert J. Seifert, Deacon

### THE STAFF

Christina Sudairy, Communications Director  
Peter Sammel, Music Director  
Joanna R. Shreve, Financial Administrator  
Michele Trottier, Facilities Manager  
Anne Wilde, Covenant Group Coordinator  
Becky Blessing, Youth Coordinator  
Jessica Fuller & Joseph Hodgkinson, Parish Hosts  
Helen Wooldridge, Preschool Director

### THE VESTRY

David Foster, Sr. Warden	Paul Hayter, Jr. Warden
Ross Johnson	Sandy Watkins
Darlene Frick	Lianne Mintz
Jenny Nathan	John Heltzel
Christopher Paul	Madeleine Gerdes
John Ezell, Treasurer	Lavonne Bieber, Clerk

## SEVEN MARKS OF A DISCIPLE

At the heart of this parish is God's call and challenge to be disciples of Jesus. The seven marks of a disciple are:

1. One who witnesses to an intentional faith as modeled in the Baptismal Covenant. (*Book of Common Prayer*, pg. 304)
2. One who keeps the Sabbath and commits to attending worship every Sunday.
3. One who honors the tithe as the biblical standard of faithful financial giving to the Church.
4. One who prays and reads the Bible daily.
5. One who participates regularly in a Covenant Group as a means of personal support in community.
6. One who uses his/her spiritual gifts in the work of the upbuilding of the Church.
7. One who reaches out to others with the love of Christ.

If you are interested in these Christian practices, or would like more information, please see Maly.

## OUR MISSION STATEMENT

St. Timothy's Church calls people to unity with God and empowers them to thrive in our changing world. We are a Covenant Community that shares the love of God and proclaims the Gospel of Jesus Christ in word and deed. We provide opportunities to make a difference in the world.

GENERAL ANNOUNCEMENTS



The flowers today are given  
to the Glory of God by

Grace and Tony Schmidt

*In thanksgiving for their wedding anniversary*  
and

Kirsten and Keith Mello

*In celebration of the baptism of their daughter,*  
*Gwendolyn*

COME TO DINNER



Join us for dinner on  
Wednesday. It's a great  
way to meet people and  
get connected.

Parish dinners begin at  
6:00 p.m. every Wednesday evening,  
following "Kid Music" with Peter Sammel.

"Kid Food" and a vegetarian option are always  
available. The cost is \$7.00 for adults, \$4.00  
for children, and a \$25.00 maximum per family  
(including parents and children under 18).

Please join us for great food and fellowship.

# Baptisms

We welcome into the household of God:

*Gwendolyn Eileen Mello*, daughter of Keith  
and Kirsten Mello of Los Altos. Gwendolyn's  
godparents are Shirley Ashton of Portland,  
Oregon, and John Bowling of Santa Clara.

*Aria Rose Chatterjee*, daughter of Indra and  
Carrie Chatterjee of Mountain View. Aria's  
godparents are Tifani O'Bosky of Redding,  
Greg O'Bosky of Shasta Lake, and  
John O'Bosky of Modesto.

*Cole Krishna Chatterjee*, son of Indra and  
Carrie Chatterjee of Mountain View. Cole's  
godparents are Shannon Sklar of Modesto,  
Greg O'Bosky of Shasta Lake, and  
John O'Bosky of Modesto.

Welcome Gwendolyn, Aria and Cole.

## GOT RED?

Bright red St. Tim's t-shirts,  
perfect for Pentecost, are  
available for purchase  
after each Sunday service,  
at the Wednesday night parish  
dinner and in the church office. The price is  
\$15.00 for adult sizes (M-XXL) and \$10.00  
for children sizes.



The annual Parish Barbeque will be held on  
June 8th this year—yet another opportunity for  
you to wear that nice red St. Tim's t-shirt.

## GENERAL ANNOUNCEMENTS

## ST. TIMOTHY'S EMPLOYMENT ASSISTANCE PROGRAM



St. Tim's is now able to help all parishioners, as well as their family members and friends, 18 years or older, who may be seeking employment at entry-level

through lower or middle management positions. This free service will be administered by church members Chuck Utley and Dick Yarp.

Any qualifying person wanting employment assistance should contact Chris Sudairy in the church office at (650) 967-4724 and leave his or her phone number and the best time of day to be reached by telephone. All information provided will be kept confidential.

In coming weeks, "Positions Wanted" will be listed in *The Word*. Parishioners can then help by checking with their current employer about any open position that might be appropriate. Or, you may already know of a suitable opening. Either way, please reference the Client Number and give the church office the pertinent job opportunity information. St. Timothy's Employment Assistance Team will contact you.

## THE MEN'S RETREAT

by Tony Maskell



I didn't want to go, and I had a perfect excuse as to why I couldn't go. Guys kept on to me about how wonderful the retreat is, how much I'd get out of it, and why it would be good for me to go. Yeah, yeah, soul searching, bonding, prayer—thanks, but no thanks. Then the unthinkable happened—they moved the weekend to a time when I had no excuse! How could this happen? I was a member of St. Tim's, I attended church each week, went to covenant group, played softball, etc. After three years of having a perfect excuse, I had to go.

I was welcomed wholeheartedly, given my cabin assignment, and escorted to my group, but I still didn't want to be there. I had important things to do back in the real world. After meeting with our small groups, we had lunch, and then some free time. I went hiking with a great set of guys, and had a nice, deep conversation as we strolled along a hiking trail under a beautiful, warm, blue, sunny sky. By the time the retreat was over the next day, I didn't want to go—home that is! What I experienced was, in fact, wonderful. I was completely wrong about the retreat and I missed out for three years on something that I'll never intentionally miss again! Oh well, my loss. But for the last two years, my gain. I hope to see you there.

*Men's Retreat information and registration is available online now at [www.sttims.org](http://www.sttims.org).*

## GENERAL ANNOUNCEMENTS

## LADIES, SAVE THE DATE!

St. Tim's Ladies' Happy Hour is on Saturday, May 31, from 3:30 to 6:30 p.m. at April Speck-Ewer's house, 1007 Persimmon Avenue in Sunnyvale.

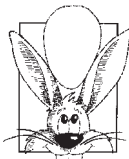


Since many of us will be home on our own while our husbands are away at the Men's Retreat, it seems like an ideal afternoon for a Ladies' Happy Hour. April will have plenty of wine, margaritas, and non-alcoholic beverages on hand. Please bring munchies to snack on. Swing by for a quick drink, or come and hang out all afternoon.

**Everyone is welcome**—regardless of whether you have a connection to the Men's Retreat. It will be a great chance to reconnect with friends you haven't seen in a while, and hopefully make some new connections, too! Contact April at [aprilspeckewer@gmail.com](mailto:aprilspeckewer@gmail.com) or (408) 749-0365 with any questions.

## EASTER PHOTOS

Photos from St. Tim's Easter Egg Hunt and pictures with the Easter Bunny have been posted to the web at [sttims.smugmug.com](http://sttims.smugmug.com). The Smugmug site lets you order prints on line but you can also download the images for free. Just select the size image (from "small" to "original"), right-click on the image and select "Save image as..." (in Firefox) or "Save picture as..." (in Internet Explorer).



## Mother's Day

## CRAFTS AND COOKIES

If you are a mother or the adult daughter of one, join us for crafts and cookies on Mother's Day. Spend some time in the company of other women, bring a craft to work on if you want, and enjoy light snacks, tea and coffee. We will meet in Edwards Hall on Sunday, May 11 from 1:00 to 4:00 p.m.

## MUSIC MINISTRY

## AWAKE, MY SOUL, AND SING

Today's traditional hymn at the 10:30 a.m. service is #494, "Crown him with



many crowns." This hymn has the distinction of having two men listed as its writers.

The first, Matthew Bridges, is acknowledged as the original lyricist. Written in 1851, his hymn was based on a passage from Revelation, "...and on his head were many crowns."

Formerly an Anglican, Bridges converted to Catholicism at the age of 48, three years before he wrote this hymn.

Fearing that some of the hymn's six verses adhered too closely to Catholic dogma, Anglican priest Godfrey Thring added his own six verses. Over the years, the two versions have intermingled and both men are listed as authors of the five verses now in our hymnal.

The tune is called *Diademata* and was written by George Elvey.

**STEPHEN MINISTRY**



**STEPHEN MINISTRY**

**Be kind and  
compassionate to one  
another, forgiving each  
other, just as in Christ  
God forgave you.**

**Ephesians 4:32**

*For confidential Christian care  
through Stephen Ministry, call  
650-967-4724 or email  
stephenministry@sttims.org.*

**ABOUT STEPHEN MINISTRY**

For more information on Stephen Ministry, including Frequently Asked Questions and Stephen Ministry Healing Prayer, please visit our website, [www.sttims.org/community/sm.shtml](http://www.sttims.org/community/sm.shtml) or email [stephenministry@sttims.org](mailto:stephenministry@sttims.org).



**COVENANT GROUPS**

**COVENANT GROUP SCHEDULE**

Covenant Groups are an expanding network of small groups that meet together to share the life of faith. To find out more, please call one of the group leaders, or the parish office.

**Mondays**

1:15 p.m. Anne Wilde (408) 379-2235  
& Nan Fuller (408) 736-4662

**Tuesdays**

Childcare available at church: 9:15-11:30 a.m.

9:30 a.m. Alane Kasrawi (650) 961-6338  
7:00 p.m. Becky Mikkelsen (650) 428-0564  
7:00 p.m. Susan Slakey (408) 249-7114  
& Jennifer Olsen (408) 733-8735  
7:15p.m. Bill Shreve (650) 941-6436  
7:30 p.m. Michael Diamond (415) 830-0425  
& Dana Peak (408) 299-5798  
7:30 p.m. Laura Casellas (408) 375-2822  
8:00 p.m. Will Watkins (408) 867-6063  
8:00 p.m. Steven Schumaker-Trottier (650) 949-3281  
& David Foster (650) 567-9755

**Wednesdays**

7:15 p.m. Holly Hem (650) 279-8818  
Outflow for Young Adults  
7:30 p.m. Alan Twhigg (650) 962-1939  
& Drew Terrill (408) 230-4431

**Thursdays**

9:15 a.m. Wyn Schuh (650) 965-8037  
Rancho Strolling Group  
7:00 p.m. The Johnsons (408) 737-8355  
7:00 p.m. Nyna Dolby (650) 941-9335  
7:30 p.m. Scott Boding (650) 962-1967

**Fridays**

1:00 p.m. Althea Parks (408) 245-0295

## SERVING TODAY

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Althea Parks	Altar Guild
Jennifer Mackey	
Dottie Levine	
Laurie Hartford	
Wyn Schuh	
Margo Siewert	
Sierra Duggan	
Wendy Edwards	

Candace Hanson	Tellers
Nancy Schaefer	

**7:45 a.m.**

Donna Fuzere	Greeter
Althea Parks	Usher
Barbara Blancke	Lector
Gwen Bindon	Eucharistic Minister
Doug Merrell	Sound

**9:00 a.m.**

Casellas Family	Greeters
John Harrison	Usher
Travis Schuh	Lectors
Matthew Mendoza	
Meredith Berg	Acolyte
Luke Mendoza	Prayer
Beto Casellas	Eucharistic Ministers

Alane Kasrawi	
Madeleine Gerdes	
Paul Hayter	
Parker Schuh	Sound
Eric Berg	Projector

**10:30 a.m.**

Slakey Family	Greeter
Ezell Family	Ushers
Susan Slakey	Lectors
Tom Slakey	
Caroline Aoki	Acolyte
Peggy Aoki	Eucharistic Ministers
Lavonne Bieber	
Rita Ching	
Ryan Pease	Sound
Sue-Ellen Johnson	Projector

## SEVENTH SUNDAY OF EASTER

ACTS 1:6-14

PSALM 68:1-20

1 PETER 4:12-14, 5:6-11

LUKE 11:5-13

## PRAYER LIST

If you have a prayer request, call the church office or email [prayer@sttims.org](mailto:prayer@sttims.org).

Names are kept on the prayer list for two weeks. If prayers are still needed after two weeks, please call or email again.

Please Pray For: Sherry Delaney; Kate Drew; Terry Field; Holly Hem; Ron Holt; The Kohler Family; Dottie Brunauer Levine; Cruz Madrid; Ed Sammel; Alan, Tracy and Kate Stevenson; Patricia Urban; the Diocese of El Camino Real and Bishop Mary; the children of La Roca and those who care for them; Stephen Ministers and their care receivers; members of the armed forces, especially Kernen Dibble and Corporal Tony Garibay; and Nancy Livak, serving in the Peace Corps in Belize.

## THIS WEEK

### SUNDAY, MAY 4

7:45 a.m. Worship  
9:00 a.m. Worship  
9:45 a.m. Godly Play  
10:30 a.m. Worship  
10:30 a.m. Becoming the Parent You Want to Be  
5:00 p.m. Worship, Dinner & Youth Groups  
6:15 p.m. Book Class

### WEDNESDAY, MAY 7

9:30 a.m. Bible Study  
5:15 p.m. Kid Music  
6:00 p.m. Parish Dinner  
7:00 p.m. Good Sense

### THURSDAY, MAY 8

7:15 p.m. Vestry Meeting

## LAST WEEK'S WORSHIP ATTENDANCE

7:45 a.m.	36
9:00 a.m.	127
10:30 a.m.	46
5:00 p.m.	41

### Finances

Actual income	\$138,568
Pledged income	\$147,000

*as of 3/31/2008*

## 2008 DATES TO NOTE

May 11	Pentecost
May 23 & 24	Rummage Sale
May 30 - June 2	Men's Retreat
June 8	Parish Barbeque

## SUNDAY SERVICES

**7:45 a.m. Traditional Worship**

**9:00 a.m. Children's Worship  
& Godly Play**

**10:30 a.m. Contemporary Worship**

**5:00 p.m. Tweens & Teens Worship**

Nursery care is provided in Room 7 during the 9:00 a.m. and 10:30 a.m. services.

